

## Dressed to Imprest

After weeks of agonising .. *Should I ? .. Shouldn't I ?* .. I went out and bought a new pair of denim jeans from RM Williams.

*Why was this such a hard decision for me ?*

It was hard because I have 2 other pairs of jeans and they are both in reasonable condition albeit they are probably 10 yrs old, they are a bit saggy and baggy and generally not a great fit.

You see, in my mind I didn't need a new pair of jeans whilst I had 2 perfectly good pairs .. accordingly, in buying a new pair I will, by default, dispose of the old ones – another donation to the church charity shop. Which means I can live happily ever after with my new jeans.

So, **Dressed to Imprest** is my theory about how many clothes a person actually needs in their wardrobe.

**Imprest** is a stockholding methodology whereby a fixed amount of items are held and replaced as they are used, ergo the balance remains the same.

**Example:** *I work 5 days a week in the office - I need 5 business shirts – so I have 5 - If I do succumb and buy another one then logically I get rid of one of the old ones – maintaining the equilibrium at 5.*

Benefits of this theory include the following;

- you always have enough wardrobe space and sufficient hangers
- you don't have to spend time shopping for clothes that you don't need,
- people don't give you clothes you don't want
- no impulse buying - you plan the replacement purchases
- you never find clothes in the wardrobe that you haven't worn yet
- everything always fits
- same amount of ironing every week
- you can use a stock management program to manage your clothing

It's so obvious – why doesn't everyone do this ?

**And that's my 'slant on life'..**